



CITY POOL SCHEDULE

LAP SWIM

MONDAY

5:00am-8:30am (6 Lanes)
 8:30am-9:30am (3 Lanes)
 10:30am-4:00pm (6 Lanes)
 4:00pm-8:30pm (2 Lanes)

TUESDAY

5:00am-6:30am (6 Lanes)
 6:30am-8:30am (4 Lanes)
 8:30am-10:30am (3 Lanes)
 10:30am-4:00pm (6 Lanes)
 4:00pm-6:00pm (2 Lanes)
 6:00pm-8:30pm (6 Lanes)

WEDNESDAY

5:00am-6:30am (2 Lanes)
 6:30am-8:30am (6 Lanes)
 8:30am-9:30am (3 Lanes)
 9:30am-4:00pm (6 Lanes)
4:00pm-6:00pm (NO LANES)
 6:00pm-8:30pm (2 Lanes)

THURSDAY

5:00am-6:30am (6 Lanes)
 6:30am-8:30am (4 Lanes)
 8:30am-10:30am (3 Lanes)
 10:30am-4:00pm (6 Lanes)
 4:00pm-8:30pm (2 Lanes)

FRIDAY

5:00am-6:30am (2 Lanes)
 6:30am-8:30am (6 Lanes)
 8:30am-9:30am (3 Lanes)
 9:30am-3:00pm (6 Lanes)
 3:00pm-7:30pm (4 Lanes)

SATURDAY

7:00am-9:00am (2 Lanes)
 9:00am-10:30am (4 Lanes)
 10:30am-1:00pm (2 Lanes)
 1:00pm-3:30pm (4 lanes)

SUNDAY

7:00am-10:00am (6 Lanes)
 10:00am-2:00pm (4 Lanes)
 2:00pm-3:30pm (2 Lanes)

Pool Hours

Mon-Thurs

5:00am – 8:30pm

Friday

5:00am – 7:30pm

Saturday

7:00am – 3:30pm

Sunday

7:00am – 3:30pm

Family Swim Times

Friday

3:00pm – 6:00pm

Saturday

12:30pm – 3:30pm

Sunday

10:00am – 3:30pm

All children under 12 must wear a color swim band indicating their swim level!

ADDITIONAL INFO

Family Swim = Play time and relaxation time.

Lap Swim = Anyone actively swimming laps, water waking or aqua fitness. Please enter from the shallow end. When entering an occupied lane please speak to first swimmer and determine if you will split the lane or circle swim

Aquatic Contacts

Aquatic Director:

Pete Schmidt
pschmidt@rosesymca.org
717-393-9622 ext. 1143

Director of Competitive Swimming:

Gwyn Atkinson
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717-393-9622 ext. 1139

Swim Lesson Coordinator:

Katie Foulke
kfoulke@rosesymca.org
717-393-9622 ext. 1143

PROGRAM INFO

Swimming Lessons

The Y offers group swimming lessons for ages 6 months to adult. Private Lessons available for children ages 3 and up. (Information and registration available at the front desk.)

Swim Testing

Swim Tests are available upon request during Family Swim times. If it's busy swim tests may not be able to be administered.

Water Fitness

Monday - Friday

8:30am Aqua Tone

Tuesdays & Thursdays

9:30am OOA Class

Wednesday

6:00pm Aqua Endurance

Schedule Notes

Lifeguard Classes

April 8,14,15,16, 28, 29 & 30th Classes use 3 lanes.

Thunder/Lightning & Pool Closure Policy: During the event of a thunder and or lightning storm indoor pools will be cleared, as well as pool decks. The pool area will remain closed for 30 after the last sight of lightning or sound of thunder.