



Arthur J. Glatfelter Branch Natatorium Pool Schedule

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Sept. 5 - Nov. 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Propper swim wear is required.</p> <p>Multiple activities are often scheduled in this pool at the same time.</p> <p>Lap Swimming Times:</p> <p>Available for all adult and youth able to do continuous laps of swimming. Youth under 11 must have an adult in the pool area.</p> <p>Family/Open Swim:</p> <p>Recreational time for members and families to enjoy pool time. Children must follow swim band policy below.</p> <p>Swim Bands:</p> <p>Everyone under 13 must be swim tested.</p> <p>Green Band:</p> <p>Children under 11 years old must have a parent in pool area. Children ages 11 - 12, parent must be in building.</p> <p>Yellow Band:</p> <p>Parent must be on pool deck actively watching their child.</p> <p>Red Band:</p> <p>Parent must be in pool within arm's reach of child.</p> <p>*Schedule is subject to change.*</p>	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30am -10am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30am -10am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	5:30-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	7:00-9:00am Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	1:00-4:00pm Lap Swim (lanes 3-6) Family/Open Swim (lanes 1&2)
	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)		9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)		9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	9:00am-12:00pm Swim Lessons (lanes 5&6)	
		Homeschool Swim (lanes 5&6) 10am-11:25am		Homeschool Swim (lanes 5&6) 10am-11:25am			
	10:00am-12:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	10:30am-1:00pm Lap Swim (lanes 2-4) Water Walking (lane 1)	10:00am-12:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	10:30am-1:00pm Lap Swim (lanes 2-4) Water Walking (lane 1)	10:00am-12:00pm Lap Swim (lanes 2-5) Water Walking (lanes 1&6)	12:00pm-2:30pm Water Walking (lane 6) Lap Swim (lanes 3-5)	Pool Hours: Monday - Thursday: 5:30am-1:00pm 4:00pm-7:30pm
	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)		12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)		12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 2-4) Water Walking (lane 1)	9:00am-2:30pm Family/Open Swim (lanes 1&2)	Friday: 5:30am-1:00pm 4:00pm-7:00pm
	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 1:00-4:00pm		Saturday: 7:00am-2:30pm
	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-5:30pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)	4:00-7:00pm Water Walking (lane 6) Lap Swim (lanes 3,4,5) Family/Open Swim (lanes 1 & 2)		Sunday: 1:00pm-4:00pm
	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)	5:30-7:30pm Swim Lessons (lanes 5&6) Lap Swim (lanes 3&4) Family/Open Swim (lanes 1&2)			Arthur J. Glatfelter YMCA 90 N. Newberry St. York, PA 17401 P: 717-843-7884 rosesymca.org