

LAP SWIM**MONDAY**

5:00am-8:30am (6 Lanes)
 8:30am-9:30am (3 Lanes)
 9:30am-4:00pm (4 Lanes)
 4:00pm-6:00pm (0 Lanes)
 6:00pm-8:30pm (4 Lanes)

TUESDAY

5:00am-6:30am (6 Lanes)
 6:30am-10:30am (4 Lanes)
 10:30am-4:00pm (4 Lanes)
 4:00pm-4:45pm (2 Lanes)
 4:45pm-5:30pm (0 Lanes)
 5:30pm-8:30pm (2 Lanes)

WEDNESDAY

5:00am-6:30am (2 Lanes)
 6:30am-8:30am (6 Lanes)
 8:30am-4:00pm (4 Lanes)
 4:00pm-5:00pm (2 Lanes)
 5:00pm-6:00pm (0 Lanes)
 6:00pm-8:30pm (4 lanes)

THURSDAY

5:00am-6:30am (6 Lanes)
 6:30am-8:30am (4 Lanes)
 8:30am-4:00pm (4 Lanes)
 4:00pm-5:00pm (0 Lanes)
 5:00pm-6:00pm (0 lanes)
 6:00pm-7:00pm (2 Lanes)
 7:00pm-8:30pm (6 lanes)

FRIDAY

5:00am-6:30am (2 Lanes)
 6:30am-8:30am (4 Lanes)
 8:30am-4:00pm (4 Lanes)
 4:00pm-7:30pm (4 Lanes)

SATURDAY

7:00am-9:00am (1 Lane)
 9:00am-10:30am (2 lanes)
 10:30am-11:00am (0 lanes)
 11:00am-12:00pm (1 Lane)
 12:00pm-3:30pm (4 lanes)

SUNDAY

7:00am-9:00am (6 Lanes)
 9:00am-3:30pm (4 Lanes)

LIMITED/NO LAP LANES

Please, see the lanes marked in red.

Lap Swim -Anyone actively swimming laps and/or walking, Please enter from the shallow end. When entering an occupied lane please speak to first swimmer and determine if you will split the lane or circle swim.

Pool Hours**Mon-Thurs**

5:00am – 8:30pm

Friday

5:00am – 7:30pm

Saturday

7:00am – 3:30pm

Sunday

7:00am – 3:30pm

Family Swim Times**Monday**

7:00 pm-8:30 pm

Tuesday , Thursday

12:30 pm-4:00 pm

Wednesday

7:30 pm-8:30 pm

Friday

4:00 pm-7:30pm

Saturday

12:00pm – 3:30pm

Sunday

9:00am – 3:30pm

All children under 12 must wear a colored swim band indicating their swimming level!

Family Swim -Play time and relaxation time.

Aqua Fitness Swim Times**Lanes 1 and 2****Monday**

9:30 am-4:00 pm

Tuesday, Thursday

10:30 am-12:30 pm

Wednesday

9:30 am-4:00 pm

Friday

9:30 am-4:00 pm

Aqua Fitness- Anyone (adult) who is actively walking, using water weights, or any other water fitness exercises

PROGRAM INFO**Swimming Lessons**

Winter Session 1 Swim lessons will run 1/6- 2/23. Winter Session 2 Swim Lessons will run 3/4 – 4/19.

The Y offers group swimming lessons for ages 6 months to adult. (Info and registration available at the front desk.)

Master Swimming

6:00-8:00am Tuesday/Thursday,
 7:00-9:00 am Saturday mornings.

Water Fitness Classes**Monday - Friday**

8:30am Aqua Tone

Tuesdays & Thursdays

9:30am OOA Class

Friday

2nd Friday of the Month
 Aqua Zumba at 6 pm.

Upcoming Events

Pool will be closing at 2:45 pm on January 13

For a private event

Sunday Fun Day-

**January 14 and February 11
 1:00-3:00 pm**

Large family swim, with games, toy, and fun for the whole family. There will be no lap swim during this time.

Schedule Notes

Hot Tub and Sauna- The hot tub and sauna will be closed 9 am to 1 pm on the 2nd and 4th Wednesday of each month for disinfecting.

Swim Team – They will be practicing Monday-Thursday, and Wednesday, Friday, Saturday Mornings

Swim Lessons – Monday, Tuesday, Wednesday, and Thursday Nights

Lifeguard Course- 1/26-1/28, 2/09-2/11, and 3/22-3/24. They will be using 3 lanes, Friday night, and all day Saturday & Sunday. One lap lane after 11 am on Saturday & Sunday.

Lifeguard Recert Course- 2/4, 3/10. They will be using three lanes. One lap lane after 11 am on Sunday.

Schedule subject to change on account of programming

Thunder/Lightning & Pool Closure Policy: During the event of a thunder and or lightning storm indoor pool, sauna and hot tub will be cleared, as well as pool decks. The pool area will remain closed for 30 minutes after the last sight of lightning or sound of thunder.