

YMCA OF THE ROSES

SUMMER HANDBOOK



**REGISTER FOR
CAMP TODAY!**

ROSESYMCA.ORG

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CAMP DISCOVERY

June 8 – August 14

100 Constitution Ave
Shrewsbury PA 17361



CAMP SPIRIT

June 8 – August 14

505 Jerusalem School Rd.
Mount Wolf PA 17347



CAMP FORGE

June 8 – August 14

Spring Grove Elementary
1450 Roths Church Road
Spring Grove PA 17362



CAMP FRIENDSHIP

June 8 – August 14

800 Village Road
Lancaster PA 17602

YMCA SUMMER

Summer camp at the YMCA of the Roses is so much more than a fun summer for all! At YMCA camp kids grow, build skills, and gain self-confidence in a values- based environment. As always, the focus of our camps is to make a positive impact on your child: Relationships, Achievement, and Belonging are constant themes at camp.

CAMP SPIRIT is situated on 15 acres in Mount Wolf. Surrounded by nature, our camp provides youth with an outdoor experiences, swimming pool, archery field, multi-use fields, pavilions, and lodges.

CAMP DISCOVERY is hosted at the W. Dale Brougher Foundation YMCA in Shrewsbury. Miller Family Park located behind our facility, provides open fields and pavilions for campers to get outdoors. The large indoor pool is also utilized by campers each week.

CAMP FORGE is hosted at Spring Grove Elementary School on the Spring Grove Area School District Campus. SGE provides a playground, outdoor play space, and a short walking distance to the Spring Grove Area High School Pool. At camp, counselors and campers will focus on the idea of forging in life. Choose to do good, form positive relations with others, and become a better person every day.

CAMP FRIENDSHIP is hosted at Village Park in Lancaster. Village Park has plenty of field space, 2 playgrounds and an outdoor basketball court where campers have free time during drop-off and pick-up. Campers also get to utilize the YMCA's outdoor pool EVERY DAY, weather permitting.

INCLUSION, DIVERSITY, GLOBAL

The YMCA of the Roses is for all. We believe that every person is important, we strive to foster a diverse and global culture in our association that is inclusive and accessible to all people. We are for youth development, healthy living, and social responsibility, we seek to build community by reaching out to welcome people of every identity, background, and belief.

SUMMER CAMP TIP

Bring your sense of adventure and curiosity... get ready for FUN!

HEALTH AND SAFETY



Professional Role Models: YMCA camp staff are dedicated to providing a safe and wholesome environment for each camper. Camp staff are chosen for their maturity, strong values, enthusiasm, and ability to be positive role models for children.



Staff Training: Camp staff receive more than 40 hours in training prior to the start of camp. Training includes CPR, First Aid, child abuse prevention, emergency procedures, water safety, and updated health/safety protocols.



Name to Face Checks: Camp staff perform name to face checks and take attendance numerous times throughout the day and at every transition.



Authorized pickups: Campers are only released to pre-authorized adults. Photo ID is required.



Group size: Group sizes will be limited, and we will follow current guidance regarding camp group ratios and maximum campers per site. Campers will remain in consistent groups throughout the camp week.



Hand washing: Campers and staff practice frequent hand washing with soap and water for at least 20 seconds. Campers will be required to wash their hands upon arriving to camp, before and after meals, and as often as possible throughout the day.



Cleaning: Enhanced cleaning protocols include the frequent sterilization of high-touch objects and surfaces.

CHILD ABUSE PREVENTION

At the YMCA, we believe that every child deserves a safe environment to grow. As mandated reporters, we take child abuse seriously and are required to report any incident that may intentionally, recklessly and/or knowingly cause harm to a child.

Our counselors are trained in child abuse recognition and reporting. We also have a Code of Conduct that all employees are expected to abide by. These policies prohibit our employees from providing child care, transporting, attending parties, etc. outside of YMCA programs. Additionally, we also have guidelines for appropriate interactions with youth and among youth in our programs. The lists below provide examples of appropriate and inappropriate behaviors.

PHYSICAL INTERACTIONS

APPROPRIATE

- Side Hugs
- Handshakes/Elbows
- High Fives/Fist Bumps
- Pats on the shoulder/back

INAPPROPRIATE

- Full Frontal Hug
- Kisses
- Lap Sitting
- Any form of unwanted affection

VERBAL INTERACTIONS

APPROPRIATE

- Positive Reinforcement
- Appropriate Jokes
- Encouragement
- Praise

INAPPROPRIATE

- Name-Calling
- Secrets
- Cursing
- Derogatory remarks or sexual language

SOCIAL MEDIA

Please know that our camp discourages camper-staff interactions on social media. If your child seeks to "friend" or "follow" camp counselors, please explain to your camper that counselors "need their space" during time away from camp. We do encourage you to like/follow us on our YMCA Facebook and Instagram pages.

BODY SAFETY RULES

1. Use actual names of body parts.
2. Review appropriate and inappropriate touch.
3. "No" means "No".
4. No secrets, only surprises.
5. Build a "Body Safety Network" of 3-5 trusted adults that your child can talk to.



WHAT TO BRING



BACKPACK TO CARRY GEAR

FULL WATER BOTTLE

SUNSCREEN and BUG SPRAY

CLOSED TOE SHOES and HAT

SWIMMING GEAR

Towel, Swimsuit,
Goggles, Flip Flops

**HEALTHY PEANUT & TREE NUT FREE
LUNCH**

(Lunches cannot be reheated)

THINGS TO KEEP AT HOME

- Electronics Devices: cellphones, tablets, video games, etc.
- Trading Cards
- Pocket knives, weapons, fireworks
- Money (unless noted for a special event/trip)

SAY NO TO SKIN CANCER

SLIP into a long-sleeved shirt and into the shade. Clothing made of fabric that has a tighter weave and darker colors will give greater protection from the sun.

SLOP on plenty of broad-spectrum sunscreen of at least SPF30. Put sunscreen on at least 20 minutes before going outdoors. And put on more sunscreen every two hours or after being in the water.

SLAP on a hat with a wide-brim or a cap with flaps. More people get sunburn on their face and neck than any other part of the body.

WRAP on a pair of sunglasses. UV rays are harmful to eyesight and skin.



PAYMENT INFORMATION

MEMBER RATES

A YMCA membership is not required to register for camp, however, depending on the number of weeks your child is attending, it may be worth the membership to take advantage of member pricing. Member rates are available to those with a Household Membership. If the membership is not maintained during this period, the rate will be adjusted to the non-member rate. Current non-members must begin their membership no later than April 26th in order to take advantage of the member rate. No changes will be made if a YMCA membership has been started AFTER April 26, 2025 with prior registration. Residents of Jackson or Paradise Township and Seven Valleys or Spring Grove Borough will receive a weekly PR discount for CAMP FORGE.

REGISTRATION DEADLINES

Registration for the upcoming week will close on WEDNESDAY prior to the week.

WEEKLY FEES

Weekly fees are due by the close of business the FRIDAY prior to the week of camp.
Camp Friendship collects fees on the Monday prior to camp.

Registration for camp authorizes the YMCA of the Roses to automatically deduct weekly fees from your account. Payment methods on file must be kept up to date.

ADDITIONAL FEES

\$15 for payments made after the due date.

\$35 NSF for returned payments.

\$10 late pickup fee per child for each 15 minute increment after close.

3% Fee added to all credit card transactions.



CANCELLATIONS/CHANGES

When you enroll your child in camp, you are reserving space, time, supplies and staffing for that week, whether or not your camper attends the program. In order to provide opportunities for as many youths as possible, we ask that you only register for the week(s) that your camper will be attending.

Withdrawals and/or changes from any week of camp requires a two week written notice. Requests for changes will be based upon availability of that week. When provided with proper notice, we will credit your YMCA account for the fee paid for the week of camp. Refund requests for medical issues or emergencies will be at the discretion of the Camp Director. Registration fees are non-refundable.

ILLNESS AND INJURIES



MEDICATIONS

If your camper takes prescription medications, we encourage you to give the medication prior to or after camp. In the event this is not possible, please reach out to the Camp Director. Parents/Guardians will be required to complete a medication log sheet and review administration with the Camp Director. Prescription medications must be in the original bottle with the name of the individual as well as directions for administration. Medications will be kept locked in a secure area. Campers are not allowed to keep any medication, prescription or over the counter, on their person, except when emergency self carry medication is authorized in writing by the prescribing physician and guardian.

ALLERGIES

If your camper has an Epi-Pen, please reach out to the Camp Director. If your camper has allergies, please be sure to notify the Camp Director and document it on their Emergency Contact Form. For those campers with allergies to certain foods, we will have a separate seating area for them to enjoy lunch.

ASTHMA/DIABETES

If your camper carries an inhaler due to asthma or other respiratory issues or has an insulin pump or continuous glucose monitor please reach out to the Camp Director.

ILLNESS

In the event that your camper becomes ill at camp, we will contact you to pick them up within the hour. If you are unable to arrive within an hour, we ask that you have another emergency contact pick them up. We appreciate your understanding in providing a comfortable place for your child to recover.

KEEP YOUR CAMPER AT HOME IF THEY...

- ...have a fever of 100.4° or higher
- ...Have diarrhea
- ...have been vomiting
- ...have any communicable disease
- ...have an oozing wound or sore
- ...are unable to actively participate in camp activities

CAMPERS MAY RETURN IF THEY...

- ...have been symptom-free for 24 hours or longer
- ...have taken an antibiotic for at least 24 hours
- ...have been cleared by a physician

EMERGENCIES

In the event of a medical emergency, we will call 911 to have your camper transported to the closest facility to meet their care needs. One of our employees will accommodate your camper and we will call you to meet us at the emergency facility.

DURING CAMP

EXPECTATIONS

Keep hands, feet and body to yourself.

Show RESPECT to yourself, others and the environment.

Be HONEST – admit mistakes and speak for yourself.

Be RESPONSIBLE – clean-up after yourself.

Stay within camp boundaries.

Show CARING for others and camp equipment.

Have FAITH to try new things.

TEST.MARK.PROTECT

We TEST all children who want to enter the pool area. Anyone who does not pass or chooses not to take the test is treated as a non-swimmer.

We MARK all children entering the aquatic area using wristbands to identify their swimming ability.

PROTECT everyone. We use float ropes to restrict non-swimmers to the shallow end. Campers wear a properly fitted, Coast Guard approved life vest.

MORNING



DROP-OFF



TEAM TIME



VARIETY ACTIVITIES

AFTERNOON



LUNCH



CAMPACTIVITIES!

END OF DAY



GROUP REFLECTION



SNACK



PICK UP

SEE CAMP BROCHURES OR NEWSLETTERS FOR DETAILED SCHEDULES

EMERGENCY

INCLEMENT WEATHER

Each camp location has a disaster/emergency plan. In the event of an emergency, the YMCA will contact parents to provide them with updates. During heat advisories/weather action days, we will keep campers in shaded areas and well hydrated. Activities will be modified to give campers rest time. In the event of thunderstorms or heavy rain, campers will be moved indoors for activities.

CAMP BEHAVIOR

The YMCA of the Roses is committed to each camper's success in learning within a caring, responsive, and safe environment that is free of discrimination, violence, and bullying. Our team works to ensure that all campers have the opportunity and support to develop to their fullest potential and gain the skills to create personal and meaningful bonds with people in camp and the community. Intentional data-driven instruction and approaches are used to create an environment that fosters curiosity and social-emotional wellness. Communicating consistent, clear expectations and using appropriate guidance lays a foundation for campers to build positive life-long relationship, decision making, and resiliency skills. We strive for our program to create caring individuals who are kind to others as well as themselves. Our team ensure safety and empower our campers to take responsibility in their wellbeing; because of this, we can supply quality opportunities for exploration that strengthen our camper's sense of self and confidence.

CHALLENGING BEHAVIOR

Challenging behavior is defined as behavior that includes:

1. Physical aggression such as hitting, kicking, punching, spitting, throwing objects forcefully, pinching, pushing and biting.
2. Climbing on things that are not permitted.
3. Destroying property or destroying what another camper is working on regardless of the other camper's response.
4. Taking toys away from other campers forcefully.
5. Running that poses a safety risk for the camper or elopement from the group.
6. Tantrum behaviors that might include behaviors such as kicking, screaming, pushing an object or person, stomping feet or head banging.
7. Verbal aggression including yelling, threats, screaming at another person, calling campers disrespectful names and/or saying inappropriate words.
8. Ordering an adult to do something.
9. Persistent or prolonged crying that is loud or disruptive or ongoing crying that interferes with a camper's engagement in activities.

SUSPENSION/EXPULSION POLICY

If the camper and family are unresponsive to implemented supports and interventions, it may become necessary to temporarily (suspend) or indefinitely (expel) remove the camper from the program. At times it may be necessary to suspend a camper from the program for their safety and/or the safety of others. Suspensions will be immediately communicated to the family.

After careful consideration by the support team and with administrative approval, the decision to expel will be communicated to the family verbally and in-writing.

BEHAVIORAL HEALTH TECHNICIAN

We recognize that some campers may benefit from attending camp with their support staff. If your child has a BHT, please contact the Camp Director to schedule a meeting to review your child's goals for the summer. We do require that BHT's provide a copy of their clearances prior to being permitted to attend camp.

AFTER CAMP >>>

CAMP DISCOVERY

Emma Brockwell
Director of
Child Development

E: ebrockwell@rosesymca.org
P: (717) 235-0446 ext. 405

CAMP FORGE

Megan Slothour
Director of
Child Development

E: mslothour@rosesymca.org
P: 717-225-9733 ext. 0603

CAMP FRIENDSHIP

Derek Kovach
Camp, Sports and Wellness
Director

E: dkovach@rosesymca.org
P: 717-464-4000 ext. 2105

LOST & FOUND

Please make sure that all of your camper's items are clearly **LABELED** with their first/last name. We try to manage lost and found items continuously throughout the day, but it can be a challenge. If you discover your camper has lost an item, please reach out to the Camp Director. Lost and found items are not the responsibility of the YMCA. At the end of each week, we will donate any unclaimed items to a local charity.

COMMENTS, CONCERNS, OR QUESTIONS

We value your feedback in order to improve our programs and services for your camper. If at any time you have a concern or question, please reach out to the Camp Director.



CAMP SPIRIT

Corina Aucker
Camp Director

E: campspirit@rosesymca.org
P: 717-266-4438

