



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

YORK GYMNASIUM SCHEDULE

WINTER 2026: SCHEDULE EFFECTIVE FEBRUARY 10th, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30am-9:00am OPEN Gym	5:30am-9:00am OPEN Gym	5:30am-10:00am OPEN Gym	5:30am-9:00am OPEN Gym	5:30am-9:00am OPEN Gym	7:00am-9:00am OPEN Gym
	9:00am-12:00pm Pickleball	9:00am-12:00pm Pickleball	10:00am-11:00pm Homeschool Gym	9:00am-12:00pm Pickleball	10:00am-12:00pm Childcare	9:00am-12:00pm Youth Soccer
1:00am-4:30pm OPEN Gym	12:00pm-6:30pm OPEN Gym	12:00pm-3:00pm OPEN Gym	11:00am-12:00pm Childcare	12:00pm-1:00pm OPEN Gym	1:00pm-7:30pm OPEN Gym	12:00pm-3:30pm OPEN Gym
				1:00pm-3:00pm OPEN Gym		
		4:30pm-5:30pm Childcare/SACC	12:00pm-8:30pm OPEN Gym	4:30pm-5:30pm Childcare/SACC		
		5:30pm-8:30pm OPEN Gym		5:30pm-7:00pm Tae Kwon Do		
		7:00pm-Close Volleyball		7:00pm-Close Volleyball		

YMCA HOURS OF OPERATION

Monday – 5:30am – 9:00pm
 Tuesday – 5:30am – 9:00pm
 Wednesday – 5:30am – 9:00pm
 Thursday – 5:30am – 9:00pm
 Friday – 5:30am – 8:00pm
 Saturday – 7:00am – 4:00pm
 Sunday – 1:00pm – 5:00pm

****Gym Closes 30 minutes before branch closing time.**