



## Arthur J. Glatfelter Branch Natatorium Pool Schedule

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

4/2/2026-5/3/2026	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p><b>** These classes have a fee and must be register in advanced to take them. Propper swim wear is required. Multiple activities are often scheduled in this pool at the same time. During aquatic classes and swim lessons, open exercise and family swim are unavailable. Lap Swimming Times:</b> Available for all adult and youth able to do continuous laps of swimming. Youth under 13 must have an adult in the pool area.</p> <p><b>Family/Open Swim:</b> Recreational time for members and families to enjoy pool time. Children must follow swim band policy below.</p> <p><b>Swim Bands:</b> Everyone under 13 must be swim tested.</p> <p><b>Green Band:</b> Children under 11 years old must have a parent in pool area. Children ages 11 - 12, parent must be in building.</p> <p><b>Yellow Band:</b> Parent must be on pool deck actively watching their child.</p> <p><b>Red Band:</b> Parent must be in pool within arm's reach of child.</p> <p><b>*Schedule is subject to change.*</b></p>	5:30-9:00am <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	5:30am -11:00am <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	5:30-9:00am <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	5:30am -1:00pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	5:30-9:00am <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	7:00-9:00am <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	1:00-4:00pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	
	9:00-10:00am <b>AOA Aquacise</b> (lanes 5&6) <b>Lap Swim</b> (lanes 1-4)		9:00-10:00am <b>AOA Aquacise</b> (lanes 5&6) <b>Lap Swim</b> (lanes 1-4)		9:00-10:00am <b>AOA Aquacise</b> (lanes 5&6) <b>Lap Swim</b> (lanes 1-4)	9:00am-11:30am <b>Lap Swim</b> (lanes 1-4) <b>**Swim Lessons</b> (lanes 5&6)		
	10am-11:30am <b>**Homeschool Swim</b> (lanes 1)	11:00am-12:00pm <b>Lap Swim</b> (lanes 1-4)						
	10:00am-12:00pm <b>Lap Swim</b> (lanes 2-4) <b>Water Walking</b> (lanes 5&6)	11:00am-12:00pm <b>WaterinMotion</b> <b>Orginal</b> (lanes 5&6)	10:00am-2:00pm <b>Lap Swim</b> (lanes 1-4) <b>Water Walking</b> (lanes 5&6)		10:00am-12:00pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	11:30am-1:30pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	<b>Pool Hours:</b> <b>Monday - Wednesday</b> 5:30am-2:00pm 4:00-7:30pm  <b>Thursday</b> 5:30am-1:00pm 4:00pm-7:30pm	
	12:00-1:00pm <b>Arthritis Aquatics</b> (lanes 5&6) <b>Lap Swim</b> (lanes 1-4)	12:00-2:00pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	12:00-1:00pm <b>Arthritis Aquatics</b> (lanes 5&6) <b>Lap Swim</b> (lanes 1-4)		12:00-1:00pm <b>Arthritis Aquatics</b> (lanes 5&6) <b>Lap Swim</b> (lanes 1-4)			
	1:00-2:00pm <b>Lap Swimming</b> (Lanes 1-4) <b>Open Swim</b> (lanes 5&6)		1:00-2:00pm <b>Lap Swimming</b> (Lanes 1-4) <b>Open Swim</b> (lanes 5&6)		1:00-2:00pm <b>Lap Swimming</b> (Lanes 1-4) <b>Open Swim</b> (lanes 5&6)		<b>Friday:</b> 5:30am-2:00pm 4:00pm-7:30pm	
	<b>Pool Closed</b> 2:00-4:00pm	<b>Pool Closed</b> 2:00-4:00pm	<b>Pool Closed</b> 2:00-4:00pm	<b>Pool Closed</b> 1:00-4:00pm	<b>Pool Closed</b> 2:00-4:00pm		<b>Saturday:</b> 7:00am-1:30pm	
	4:00-7:30pm <b>Lap Swimming</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	4:00-5:00pm <b>Lap Swimming</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	4:00-5:00pm <b>Lap Swimming</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	4:00-4:30pm <b>Lap Swimming</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	4:00-4:30pm <b>Lap Swimming</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)		<b>Sunday:</b> 1:00pm-4:00pm	
		5:00-7:15pm <b>**Swim Lessons</b> (Lanes 5&6)	5:00-7:45pm <b>** Swim Lessons</b> (lanes 5&6)	5:00-7:45pm <b>** Swim Lessons</b> (lanes 5&6)	4:30-6:00pm <b>Lap Swimming</b> (lanes 1-4) <b>**Swim Lessons</b> (Lanes 5&6)		<b>Arthur J. Glatfelter YMCA</b> 90 N. Newberry St. York, PA 17401 P: 717-843-7884 rosesymca.org	
		5:00-7:30pm <b>Lap Swim</b> (lanes 1-4) <b>Swim Lessons</b> (lanes 5&6)	5:00-7:30pm <b>Lap Swim</b> (lanes 1-4) <b>Swim Lessons</b> (lanes 5&6)	5:00-7:30pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)	6:00-7:30pm <b>Lap Swim</b> (lanes 1-4) <b>Open Swim</b> (lanes 5&6)			