



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GRAHAM AQUATIC CENTER

## LAP SWIM HOURS

| Main Pool Schedule<br>May 1, 2026   | Monday                      | Tuesday                     | Wednesday                   | Thursday                    | Friday                      | Saturday | Sunday |
|---|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|----------|--------|
| <b>Lap Swimming Times</b><br>Available for all adult and youth able to do continuous laps of swimming.<br><br><b>*Schedule is subject to change</b>   | 5:30-6:30am<br>Masters Swim | 5:30-6:30am<br>Masters Swim | 5:30-6:30am<br>Masters Swim | 5:30-6:30am<br>Masters Swim | 5:30-6:30am<br>Masters Swim |          | CLOSED |
| Currently, the pool schedule is emailed out on a weekly basis to Y Members on the email list. This is due to lifeguard staffing issues. The Branch Executive is working toward a resolution and will have an updated schedule June 1, 2026. If you would like to be added to the lap swimming email list, please contact – Ashley Chapman – <a href="mailto:achapman@rosesymca.org">achapman@rosesymca.org</a> .<br>Thank you for your cooperation and understanding. |                             |                             |                             |                             |                             |          |        |

Facility Closed: Memorial Day (May 25,2026)

## HOME OF THE YORK YMCA SWIM TEAM

Please visit the Nat pool at 90 N Newberry St for additional lap swim hours.  
**Nat Pool hours:**  
 Monday – Friday 5:30am-1pm  
 Monday - Thursday 4pm-7:30pm  
 Friday 4pm-7:00pm  
 Saturday 7am-1:30pm

Y swim teams are competitive programs focused on individual and team improvement in a positive environment. Our swim teams compete in USA Swimming through Mid-Atlantic Swimming. Novice and advanced swimmers participate in local, regional and in some cases, national swim meets. Team practice is held at the GAC.

Our swimmers, coaches and families follow the Y core values of caring, honesty, respect and responsibility, and although winning is not our main focus, members of our swim teams have enjoyed a great deal of success, including:

- US Olympic Medalist
- US Open Qualifiers
- Nationals Finalists
- USA Swimming Top 16
- Pennsylvania Swimming Top 5
- NCAA Division I Scholarship recipients

**Graham Aquatic Center**  
 543 N Newberry St, York, PA 17401  
 P 717 718 1968 [www.rosesymca.org](http://www.rosesymca.org)