



Arthur J. Glatfelter Branch Natatorium Pool Schedule

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

5/19/2026-9/7/2026	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>** These classes have a fee and must be register in advanced to take them. Proper swim wear is required. Multiple activities are often scheduled in this pool at the same time. During aquatic classes and swim lessons, open exercise and family swim are unavailable. Lap Swimming Times: Available for all adult and youth able to do continuous laps of swimming. Youth 13 and under must have an adult in the pool area.</p> <p>Family/Open Swim: Recreational time for members and families to enjoy pool time. Children must follow swim band policy below.</p> <p>Swim Bands: Everyone 13 and under must be swim tested.</p> <p>Green Band: Children under 11 years old must have a parent in pool area. Children ages 11 - 12, parent must be in building.</p> <p>Yellow Band: Parent must be on pool deck actively watching their child.</p> <p>Red Band: Parent must be in pool within arm's reach of child.</p> <p>*Schedule is subject to change.*</p>	5:30-9:00am Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	5:30am - 11:00am Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	5:30-9:00am Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	5:30am - 1:00pm Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	5:30-9:00am Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	7:00-9:00am Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	Closed	
	9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 1-4)		9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 1-4)		9:00-10:00am AOA Aquacise (lanes 5&6) Lap Swim (lanes 1-4)	9:00am-11:30am Lap Swim (lanes 1-4) **Swim Lessons (lanes 5&6)		
	10am-11:30am **Homeschool Swim (lanes 1)	11:00am-12:00pm Lap Swim (lanes 1-4)						
	10:00am-12:00pm Lap Swim (lanes 2-4) Water Walking (lanes 5&6)	11:00am-12:00pm WaterinMotion Orignal (lanes5&6)	10:00am-2:00pm Lap Swim (lanes 1-4) Water Walking (lanes 5&6)		10:00am-12:00pm Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	11:30am-1:30pm Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	Pool Hours: Monday - Wednesday 5:30am-2:00pm 4:00-7:30pm	
	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 1-4)	12:00-2:00pm Lap Swim (lanes 1-4) Open Swim (lanes 5&6)	12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 1-4)		12:00-1:00pm Arthritis Aquatics (lanes 5&6) Lap Swim (lanes 1-4)			Thursday 5:30am-1:00pm 4:00pm-7:30pm
	1:00-2:00pm Lap Swimming (Lanes 1-4) Open Swim (lanes 5&6)		1:00-2:00pm Lap Swimming (Lanes 1-4) Open Swim (lanes 5&6)		1:00-2:00pm Lap Swimming (Lanes 1-4) Open Swim (lanes 5&6)			Friday: 5:30am-2:00pm 4:00pm-7:30pm
	Pool Closed 2:00-4:00pm	Pool Closed 2:00-4:00pm	Pool Closed 2:00-4:00pm	Pool Closed 1:00-4:00pm	Pool Closed 2:00-4:00pm			Saturday: 7:00am-1:30pm
	4:00-7:30pm Lap Swimming (lanes 1-4) Open Swim (lanes 5& 6)	4:00-5:00pm Lap Swimming (lanes 1-4) Open Swim (lanes 5& 6)	4:00-5:00pm Lap Swimming (lanes 1-4) Open Swim (lanes 5& 6)	4:00-4:30pm Lap Swimming (lanes 1-4) Open Swim (lanes 5& 6)	4:00-7:30pm Lap Swimming (lanes 1-4) Open Swim (lanes 5& 6)			Sunday: Closed
		5:00-7:15pm **Swim Lessons (Lanes 5&6)	5:00-7:45pm ** Swim Lessons (lanes 5&6)	4:30-6:00pm Lap Swimming (lanes 1-4) **Swim Lessons (Lanes 5&6)				Arthur J. Glatfelter YMCA 90 N. Newberry St. York, PA 17401 P: 717-843-7884 rosesymca.org
		5:00-7:30pm Lap Swim (lanes 1-4) Swim Lessons (lanes 5&6)	5:00-7:30pm Lap Swim (lanes 1-4) Swim Lessons (lanes 5&6)	6:00-7:30pm Lap Swim (lanes 1-4) Open Swim (lanes 5&6)				