



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# YORK GYMNASIUM SCHEDULE

SUMMER 2026: SCHEDULE EFFECTIVE JUNE 10<sup>th</sup>, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CLOSED</b>	5:30am-4:00pm <b>OPEN Gym</b>	5:30am-9:00am <b>OPEN Gym</b>	5:30am-11:00am <b>OPEN Gym</b>	5:30am-2:00pm <b>OPEN Gym</b>	5:30am-10:00am <b>OPEN Gym</b>	7:00am-3:30pm <b>OPEN Gym</b>
		9:00am-10:15am <b>DEKA</b>			8:00am-10:00am <b>Camp STEAM</b>	
		10:15am-2:00pm <b>OPEN Gym</b>	11:00am-12:00pm <b>Childcare</b>		10:00am-12:00pm <b>Childcare</b>	
		2:00pm-3:00pm <b>Camp STEAM</b>	2:00pm-3:00pm <b>Camp STEAM</b>	2:00pm-3:00pm <b>Camp STEAM</b>	12:00pm-2:00pm <b>OPEN Gym</b>	
	4:00pm-5:30pm <b>Camp Spirit</b>	4:00pm-5:30pm <b>Camp Spirit</b>	4:00pm-5:30pm <b>Camp Spirit</b>	4:00pm-5:30pm <b>Camp Spirit</b>	2:00pm-3:00pm <b>Camp STEAM</b>	
	5:30pm-8:30pm <b>OPEN Gym</b>	5:30pm-8:30pm <b>Open Gym</b>	5:30pm-8:30pm <b>OPEN Gym</b>	5:30pm-7:00pm <b>Tae Kwon Do</b>	4:00pm-5:30pm <b>Camp Spirit</b>	
				7:00pm-8:30pm <b>OPEN Gym</b>	5:30pm-7:30pm <b>OPEN Gym</b>	

**YMCA HOURS OF OPERATION**

Monday – 5:30am – 9:00pm  
 Tuesday – 5:30am – 9:00pm  
 Wednesday – 5:30am – 9:00pm  
 Thursday – 5:30am – 9:00pm  
 Friday – 5:30am – 8:00pm  
 Saturday – 7:00am – 4:00pm  
 Sunday – CLOSED

**\*\*Gym Closes 30 minutes before branch closing time.**