



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YORK GYMNASIUM SCHEDULE

FALL 2026: SCHEDULE EFFECTIVE OCTOBER 7th, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00pm-4:30pm OPEN Gym	5:30am-8:30pm OPEN Gym	5:30am-9:00am OPEN Gym	5:30am-10:00am OPEN Gym	5:30am-5:30pm OPEN Gym	5:30am-10:00am OPEN Gym	7:00am-8:00am OPEN Gym
		9:00am-10:15am DEKA	10:00am-11:00am Homeschool Gym		10:00am-12:00pm Childcare	8:00am-10:00am DEKA
		10:15am-4:30pm OPEN Gym	11:00am-12:00pm Childcare			12:00pm-2:00pm GYM CLEANING
		4:30pm-5:30pm Childcare/SACC/ AFL	12:00pm-8:30pm OPEN Gym		4:30pm-5:30pm Childcare/SACC/ AFL	
	6:30pm-8:30pm Girls Volleyball	5:30pm-7:30pm DEKA	5:30pm-7:00pm Tae Kwon Do			
	7:30pm-8:30pm Open Gym		7:00pm-8:30pm OPEN Gym			

YMCA HOURS OF OPERATION

Monday – 5:30am – 9:00pm
Tuesday – 5:30am – 9:00pm
Wednesday – 5:30am – 9:00pm
Thursday – 5:30am – 9:00pm
Friday – 5:30am – 8:00pm
Saturday – 7:00am – 4:00pm
Sunday – 1:00pm – 5:00pm

****Gym Closes 30 minutes before branch closing time.**

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